



San Diego Dragon Boat Race
 Mission Bay, October 22-23rd, 2011
TEAM BIO FORM



Team Bio for Brochure 2011 San Diego Dragon Boat Race

Team Name (plus city/state): LOS ANGELES RACING DRAGONS (LARD)

Team Sponsors: _____

Team Captain(s): LORI SKELTON & CRYSTAL WANG
CHARLES CHANG, JASON CHENG, LEON CHENG,

Team Coach(es): OTTO JAN, SCOTT WU & MEGAN YEH

Race Experience (Years): FIFTEEN (15) YEARS

Please write a brief description of your team (100 words or less):

The Los Angeles Racing Dragons Foundation (LARD) is a non-profit organization dedicated to the sport of dragon boat racing. Established in 1996 by a group of local enthusiasts, they were the first year-round team formed in the Los Angeles area. We are a diverse group who share a common passion and love for racing, striving together to improve both team and individual growth in this sport. We are proud to count among our teams, the Los Angeles Pink Dragons (LAPD), the first breast cancer survivor team in California. We are active members in our community providing clinics and coaching to all age groups to expand and grow the sport, as well as, promote a healthy lifestyle.

Through much hard training and practice, LARD has established itself as one of the top club crews in California, competing in both local and international races.

We are looking forward to another exciting race in San Diego, along with the opportunity to participate in the PDBA Regional Championships.

Please **E-MAIL** your Team Bio Form along with your team photo (JPEG format) to dragonboatsd@gmail.com. For more information, please visit our website, www.laracingdragons.org. These will be published in the race program and/or website.

Submission deadline is September 17th, 2011.

Thank You